



—CENTER OF ENDODONTICS—
PERIODONTICS AND IMPLANTOLOGY

Fatima Robertson, DDS, PA
Diplomate, American Board of Periodontology
915 W. Exchange Parkway, Ste. 280
Allen, TX 75013
214 509-9011 [office]
469 519-0124 [fax]
www.fatimarobertsondds.com

Pre-Surgical Instructions

Your next appointment is a surgical appointment. Please have your prescriptions filled and review them immediately:

A few suggestions to make your next appointment easier...

1. No aspirin for seven days prior to the surgery. Baby aspirin (81mg) is ok.
2. Eat a high protein meal the evening before surgery.
3. Wear loose fitting, comfortable clothing. It is especially important to have loose-fitting or short sleeves because you will be monitored with a blood pressure cuff throughout the procedure.
4. Make-up is to be avoided or kept to a minimum.
5. Do not consume any alcoholic beverages 24-hours before surgery or while you are taking medications.
6. You may eat a light breakfast and have a small amount of clear liquids.

For Patients Utilizing Oral or IV Sedation:

1. Please have someone who is available to drive you to and from the office.
2. After your procedure, please stay home and make sure to arrange for someone to care for you for the remainder of the day. You will likely feel drowsy for the rest of the day and may need help moving about and with your medications.
3. Do not eat or drink (4) hours prior to surgery. **You may take a few sips of water or apple juice and have one piece of dry toast to take your medication.**